

TRAVESIA LARGA 3000 M

CATEGORIA MASCULINA MASTER40

Cat.Masc.Master40	Nombre	Apellidos	Tiempo	Ritmo	P.General	Dorsal
1	Angel	Arrojo Iglesias	00:46:06,00	15:21	6.	103
2	Pablo	Marquez Martínez de San Vicente	00:46:12,00	15:23	7.	144
3	Jose Maria	Rodriguez PEna	00:47:58,00	15:59	10.	170
4	Iago	Boedo Vilavella	00:49:15,00	16:24	11.	253
5	Roberto	Mendez quindimil	00:51:32,00	36:44	14.	149
6	Álvaro	Maceiras Freire	00:51:44,00	36:48	15.	141
7	Gonzalo	Nuñez Corredoira	00:52:31,00	37:03	16.	153
8	Fernando	Sines Crespo	00:52:33,00	37:04	17.	179
9	IVÁN	OTERO CERVERÓ	00:52:51,00	37:10	18.	158
10	Jorge	Blanco Menes	00:53:19,00	37:19	19.	110
11	Alvaro	Nuñez Serret	00:53:56,00	37:32	22.	154
12	Jorge	López Pérez	00:54:23,00	37:41	23.	139
13	JUAN LUIS	ALVAREZ CARNOTA	00:54:25,00	37:41	24.	101
14	JOSE	DUARTE PASTORIZA	00:54:39,00	37:46	25.	120
15	Javier	Enríquez	00:54:57,00	37:52	26.	121
16	Carlos	Roca Iglesias	00:55:24,00	38:01	27.	169
17	Marcos	Lago Castro	00:55:48,00	38:09	28.	135
18	César	Escudero González	00:56:02,00	38:14	30.	122
19	Chema	Lope de Toledo Aranguren	00:56:42,00	38:27	31.	137
20	Diego	Yebra Rovira	00:57:10,00	38:36	32.	186
21	Antonio	Montes Hermida	00:58:55,00	39:11	35.	151
22	Marcos	Rodríguez Sánchez	00:58:58,00	39:12	36.	171

23	Gonzalo	ORTIZ Alonso	00:59:33,00	39:24	39.	157
24	Ramón	Regueira Otero	00:59:36,00	39:25	40.	252
25	Alejandro	Perez Giannetto	00:59:57,00	39:32	41.	162
26	Felipe	De la Vega Gandaras	01:01:51,00	40:10	46.	115
27	jose antonio	martinez lema	01:02:49,00	40:29	51.	146
28	JAVIER	BESCANSA CARRO	01:03:20,00	40:40	53.	109
29	SANTIAGO	BALTAR BESCANSA	01:03:44,00	40:48	54.	106
30	Ricardo	Iglesias Fernández	01:04:16,00	40:58	56.	132
31	Bruno	Cordero Pérez	01:04:49,00	41:09	58.	113
32	Alberto	Pérez Pardiñas	01:05:31,00	41:23	60.	163
33	MARCOS	ORDOÑEZ RODRIGUEZ	01:07:06,00	41:55	63.	155
34	OCTAVIO A	SUSACASA	01:08:00,00	42:13	66.	181
35	DAVID	GARCÍA LÓPEZ	01:09:34,00	42:44	68.	128
36	Marcos	Martinez Moreira	01:12:44,00	43:48	71.	147
37	JAVIER	DEL FRAILE VICIOSO	01:12:57,00	43:52	72.	117
38	Javier	Torres González	01:13:00,00	43:53	73.	184
39	Juan Carlos	Palleiro Mosquera	01:18:32,00	45:44	74.	160
40	Gabriel	Barrado Mondelo	01:23:30,00	47:23	76.	108